

PA PARACANOE FUNCTIONAL ASSESSMENT CHART FOR THE LEGS – VA’A

Provisional 2018

Athlete ID number:

Federation:

REMINDER: Only the Muscle Strength score are used for the ICF Paralympic Classification System. An athlete will score 2 for Muscle Strength if they have strength against resistance, and 50% or more of the sports specific ROM. Passive ROM, through the ranges shown on the score chart is tested prior to strength testing, to confirm available ROM.

Functional Assessment	Muscle Strength through sports specific ROM (0 - 2 Scale)		Medical classifier's comments and observations
LOWER LIMBS	RIGHT	LEFT	
HIPS			
Flexion 60° - 100°			
Extension 100° - 60°			
KNEE			
Flexion 20° - 60°			
Extension 60° - 20°			
ANKLE			
Flexion 10° - 45°			
Extension 45° - 10°			
Leg Press (push leg down at 45° angle from 100° hip flexion)			
TOTAL LOWER LEG SCORE	/14	/14	

Number of points **lost** on Right leg =

Number of points **lost** on Left leg =

Does athlete meet minimal eligibility criteria?	YES	NOT ELIGIBLE (NE)
1. If transformed trunk score is between 12 and 18, and one leg is affected, loss of 10 points, total score = 18 or less		
2. If transformed trunk score is between 12 and 18, and both legs affected, loss of 11 points, total score = 17 or less		
3. If transformed trunk score is 10.5 or less, loss of 8 points on leg, either singly or both legs together, total score = 20 or less		

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continued**

NOTE: This number needs to be added to the numbers for the Trunk Flexion and the On Water Observation, to give the athlete’s overall score.

Medical Classifier Signature:

Technical Classifier Signature:

Date: