

Paddle Australia Qualification Scheme

Assessment Guidelines

Moving Water Endorsement - Kayak



Qualification Definition

The holder of this award is qualified to guide groups of novices on Grade 1 water that is clearly moving and has hazards such as strainers and a degree of risk, but less than that of a Grade 2 river. This award is only valid if the holder also holds a current Flatwater Guide or Instructor award appropriate for the craft.

Skills

All skills to be performed in Grade 1 moving water

Apply paddle strokes

Demonstrate individual strokes to manoeuvre the craft:

- Edging and Railing
- Ferry glide forward and reverse
- Break into and out of eddies

Demonstrate combinations of all the above strokes to manoeuvre the craft effectively and efficiently

River running

Read water to determine a safe route through a rapid:

- Use water features for advantage to assist in turning and crossing currents
- Follow a predetermined route through a rapid
- Use avoidance techniques for any river hazards

Perform self and buddy rescues in moving water

Self rescue:

- Capsize and wet exit
- Swim to shore with craft and paddle
- Defensive swim to remain in safe position
- Aggressive swim to reach shore or an eddy
- Retrieve a craft from a current
- Drain craft

Buddy rescue:

- Deck Carry
- Throw bag, pendulum swing into shore

Shallow water crossing:

- Wade through shallow water

For all rescues an assessment of the situation is conducted and appropriate technique selected.

Rescues are performed in a timely manner (no time wasted) and promotes safety to all involved and is deemed to work in all conditions.

Good communication with Rescuer at all times.

Knowledge

Rescue equipment

Good knowledge of:

- Throw bag

Hydrology

General knowledge of:

- River grading: 1 - 6

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- River heights
- Strainers
- Eddies
- Weirs
- Flow dynamics

Hazard identification and risk management for Moving water

Able to identify risks and casual factors for a Moving water trip and also able to identify management strategies to reduce any risks.

May include:

- Separation
- Drowning
- Sunburn
- Hypothermia
- Hyperthermia
- Entrapment

Communication

Demonstrate in Moving water

Establish and maintain an effective communication system within a group

Participant establishes a safe working system. Maintain group within communication distance. Communication is limited to Verbal, Whistle, Visual.

Communicate in a positive manner within a paddling group to help establish and maintain an enjoyable, safe experience for all group members

Deliver directions in a clear and concise manner

Conduct briefing

Brief must include but not limited to:

- Purpose and duration of activity
- Expected conditions
- Lifejacket fitting
- Appropriate clothing worn
- Correct posture
- Setting up the craft
- Launching and landing
- Strokes as required
- Limits
- Actions in the event of an emergency
- On water signals
- Capsize drill
- Warm up
- Group movement requirements
- Communication
- Foreseeable risks
- Participant experience

Brief is clear and concise, attention of the group is gained. Recollection could be tested.

A debrief is conducted to suit the activity and group.

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Conduct debriefing

Constructive feedback is provided

Experience

Minimum log book requirement

In the previous three years:

- Two Moving water trips of a minimum of two hours duration
- Two Moving water activities of at least three hours duration as Leader under observation of qualified Instructor

Leadership

Demonstrate in Moving water

Manage the launching and landing of a group

Launch and landing promotes safety to all involved

Manage a group

Group is managed in a safe manner to meet activity goal; assistance and direction given if and when needed.
Route is managed to promote safety to group

Manage multiple capsizes and emergencies

Rescues are managed to promote safety to all in group

Manage tows

Roles of the group is determined
Good communication maintained
Tows are managed to promote safety to all

Assessment Documents

The following documents should be produced and submitted to your Assessor prior to final assessment.

Assessment Record

The completed Assessment Record for the award, signed by both Assessor and participant, preferably using the **Paddle Ed** app

Log Book

A copy of your log book with verified entries supporting the **Minimum log book requirement** above