

# Paddle Australia Qualification Scheme

## Assessment Guidelines

### Moving Water Endorsement - Kayak



## Qualification Definition

The holder of this award is qualified to guide groups of novices on Grade 1 water that is clearly moving and has hazards such as strainers and a degree of risk, but less than that of a Grade 2 river. This award is only valid if the holder also holds a current Flatwater Guide or Instructor award appropriate for the craft.

## Skills

*All skills to be performed in Grade 1 moving water*

### Apply paddle strokes

Demonstrate individual strokes to manoeuvre the craft:

- Edging and Railing
- Ferry glide forward and reverse
- Break into and out of eddies

Demonstrate combinations of all the above strokes to manoeuvre the craft effectively and efficiently

### River running

Read water to determine a safe route through a rapid:

- Use water features for advantage to assist in turning and crossing currents
- Follow a predetermined route through a rapid
- Use avoidance techniques for any river hazards

### Perform self and buddy rescues in moving water

Self rescue:

- Capsize and wet exit
- Swim to shore with craft and paddle
- Defensive swim to remain in safe position
- Aggressive swim to reach shore or an eddy
- Retrieve a craft from a current
- Drain craft

Buddy rescue:

- Deck Carry
- Throw bag, pendulum swing into shore

Shallow water crossing:

- Wade through shallow water

For all rescues an assessment of the situation is conducted and appropriate technique selected.

Rescues are performed in a timely manner (no time wasted) and promotes safety to all involved and is deemed to work in all conditions.

Good communication with Rescuer at all times.

## Knowledge

### Rescue equipment

Good knowledge of:

- Throw bag

### Hydrology

General knowledge of:

- River grading: 1 - 6

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- River heights
- Strainers
- Eddies
- Weirs
- Flow dynamics

#### Hazard identification and risk management for Moving water

Able to identify risks and casual factors for a Moving water trip and also able to identify management strategies to reduce any risks.

May include:

- Separation
- Drowning
- Sunburn
- Hypothermia
- Hyperthermia
- Entrapment

## Communication

*Demonstrate in Moving water*

#### Establish and maintain an effective communication system within a group

Participant establishes a safe working system. Maintain group within communication distance. Communication is limited to Verbal, Whistle, Visual.

Communicate in a positive manner within a paddling group to help establish and maintain an enjoyable, safe experience for all group members

Deliver directions in a clear and concise manner

#### Conduct briefing

Brief must include but not limited to:

- Purpose and duration of activity
- Expected conditions
- Lifejacket fitting
- Appropriate clothing worn
- Correct posture
- Setting up the craft
- Launching and landing
- Strokes as required
- Limits
- Actions in the event of an emergency
- On water signals
- Capsize drill
- Warm up
- Group movement requirements
- Communication
- Foreseeable risks
- Participant experience

Brief is clear and concise, attention of the group is gained. Recollection could be tested.

A debrief is conducted to suit the activity and group.

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Conduct debriefing

Constructive feedback is provided

## Experience

**Minimum log book requirement**

In the previous three years:

- Two Moving water trips of a minimum of two hours duration
- Two Moving water activities of at least three hours duration as Leader under observation of qualified Instructor

## Leadership

*Demonstrate in Moving water*

**Manage the launching and landing of a group**

Launch and landing promotes safety to all involved

**Manage a group**

Group is managed in a safe manner to meet activity goal; assistance and direction given if and when needed.  
Route is managed to promote safety to group

**Manage multiple capsizes and emergencies**

Rescues are managed to promote safety to all in group

**Manage tows**

Roles of the group is determined  
Good communication maintained  
Tows are managed to promote safety to all

## Assessment Documents

*The following documents should be produced and submitted to your Assessor prior to final assessment.*

**Assessment Record**

The completed Assessment Record for the award, signed by both Assessor and participant, preferably using the **Paddle Ed** app

**Log Book**

A copy of your log book with verified entries supporting the **Minimum log book requirement** above