

Paddle Australia Qualification Scheme

Assessment Guidelines

Paddle OZ Adventure Sea



Qualification Definition

The Paddle Oz Adventure program aims to launch participants into more adventurous forms of paddling. Participants are introduced to specialised craft and the specific skills required to paddle them.

Component One

Know about sea paddling equipment

Ask questions to clarify instructions

Launch and landing safely, with assistance

Sit in/on a sea craft with correct posture

Paddle with an effective catch

Perform sweep strokes

Capsize with a spray deck and perform a wet exit

Understand that tidal and weather conditions effect paddling

Identify a potential risk or hazard, with assistance

Component Two

Select, fit and store your equipment

Manage your own clothing, food and drink during a sea paddling activity

Identify safe launch and landing sites

Maintain correct posture while paddling

Use torso rotation

Perform draw strokes

Perform a buddy rescue

Understand the impact of conditions on sea paddling

Maintain positive communication within a group during a trip

Identify two potential risks or hazards

Component Three

Check and maintain your equipment

Plan personal clothing, nutrition and equipment requirements

Maintain correct posture for efficiency

Paddle Australia Qualification Scheme

Assessment Guidelines

Paddle OZ Adventure Sea



Use effective power and blade exit

Use edging

Perform a self rescue

Launch and land using a method to maintain safety, without assistance

Know sources of information about tidal and weather conditions

Show consideration for others during a trip

Suggest a plan to minimise an identified risk
