

Paddle Australia Qualification Scheme

Assessment Guidelines

Paddle OZ Adventure Flatwater



Qualification Definition

The Paddle Oz Adventure program aims to launch participants into more adventurous forms of paddling. Participants are introduced to specialised craft and the specific skills required to paddle them.

Component One

Know about different flatwater disciplines and craft

Ask questions to clarify instructions

Sit in a flatwater craft with correct posture

Paddle with an effective catch

Manoeuvre your craft for a start

Paddle at a slow pace over 250m

Identify a potential risk or hazard, with assistance

Component Two

Know about different designs of flatwater craft

Maintain correct posture while performing a start

Use a safe paddle technique to reduce injury

Turn around a buoy alone

Paddle at a medium pace over 250m

Maintain positive communication within a group during a trip

Identify two potential risks or hazards

Component Three

Understand design differences in flat water equipment

Produce power in each paddle stroke

Maintain correct posture while paddling at speed

Produce power in each stroke

Turn around a buoy within a group

Paddle at a fast pace over 250m

Know about junior development pathways for sprint, marathon, recreation and education

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Show consideration for others during a trip

Suggest a plan to minimise an identified risk